## UK STRONGMAN-NORTH NOVICE QUALIFIERS 2010 Sunday 30<sup>th</sup> May

Contact Details

Name:

Address:

Postal Code:

<u>Phone:</u> Mobile: <u>E-mail:</u>

Age:

**Competition Details** 

## **Qualifiers**

1) Sunday 30<sup>th</sup> May 2010 <u>Time:</u> Register – 11.00am Event Starts – 12.00pm

Location: Glan Gwna Country Holiday Park Caeathro Nr.Caernarfon Gwynedd North Wales LL55 2SG

Entry Fee £15

(All cheques made payable to UK strongman north)

**EVENTS NOVICE** 

- Hand over hand 4x4 fastest time wins 20 meter course
- Crucifix hold 15kg longest time wins
- van dead lift on frame as many lifts in 90secs
- Axel press 100kg as many presses as possible in 90 secs
- Tyre flip 275kg 4flips then lode 3 sand bags 80kg 90kg 100kg fastest time wins
- Farmer walk 110kg 2inch handles carried 20m then pick up blue barrel 70kg carry 15m fastest time wins

(Weights and events details may be subject to change, but competitors would be notified as to alterations to the competition in advance)

## **Release of Liability**

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against uk strongman-north, any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with the novice/open competition and in travelling to and from the event. And in further consideration of permission being granted to me to participate in uk strongman-north and The Northwich Festival 2010 and its related events, I hereby grant any approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate any approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that any approved video or entertainment organization are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to any approved video or entertainment organization hereunder. Therefore I affix my signature below:

**Competitors Signature:** Date: (I enclose £15 Entry fee) **UK Strongman-North Competition** Contact: Mark Preece Address: 241 – 243 Manchester Road Northwich Cheshire **CW9 7NE** Mobile: 07974 157280 Fax: 01606 338651 Email: mpreece@northwichrufc.co.uk For updates to competition visit www.uk strongman-north.co.uk EVER NGM