



UK Strongman North are holding the following qualifiers for their 2009 Competitions

- Cheshire Heats at the Northwich Carnival, Verdin Park, Northwich
Open :- Saturday 4th July & Novice :- Sunday 5th July
- Manchester Heats at Wythenshaw Forum Centre, Forum Square, Wythenshaw, Manchester M22 5RX
Open :- Saturday 20th June & Novice :- Sunday 21st June
- North Wales Heats at Glan Gwna Country Holiday Park, Caernarfon, Gwynedd
Open :- Saturday 23rd May & Novice :- Sunday 24th May
- Portsmouth at Strength-Tec Unit 6, Lysses Court, High Street, Fareham, PO16 7BE
Date to be confirmed